

Refer to Handout 1.9: Developmental Continuum of Social Emotional Indicators

<p><b>Milestone / Indicator</b></p>	<p><b>When would you expect to begin to see this indicator of social emotional competence?*</b></p> <p><i>Age (birth–6 months; 6–12 months; 12–18 months; 18–24 months; 24–36 months)</i></p>	<p><b>What category(ies) of social emotional development does the behavior exemplify?*</b></p> <p><i>Category (Attachment/Trust; Self-Awareness/Identity; Exploration/Autonomy)</i></p>
Longer, condensed sleep cycles		
Becomes upset when separated from caregiver		
Cries to indicate hunger or discomfort		
Identifies some emotions in others		
Likes to be picked up and will hold on to caregiver		
Staring to enjoy games (peek a boo, turn taking)		
Enjoys talking and using new words, (“No!”)		
Showing a variety of complex emotions (pride, sympathy, fear, embarrassment)		
Coos, gurgles, laughs, or smiles to indicate contentment		
Turn towards familiar voices		
Learning to independently follow routines, expectations		
Starting to play by herself		
Responds to name		
Squeal or shout for attention		
Tells others what to do, not always compliant		
Briefly looks at caregivers face and eyes		
Likes to play with fingers, toes and will suck on to self-soothe		
Knows when she does something wrong		
Reduction in unexplained crying		

*\* There is definitely overlap across indicators between ages and categories. Thus, these are not absolute answers, and discussion should be encouraged.*