Module One: Social Emotional Development within the Context of Relationships

I. Setting the Stage
   Learner Objectives
   Agenda
   Training Environment
   Shared Agreements
   Words We Use
   Understanding the Pyramid

II. Understanding Social Emotional Development
   Why Focus on Social Emotional Development?
   CSEFEL Definition of Social Emotional Development
   ABC’s of Social Emotional Development
   Keys to School Readiness
   Strategies Caregivers Can Use to Support Social Emotional Development
   Self Regulation
   The Developing Brain and Strategies to Build Brain Connections
   Observation and Reflection as a Strategies
   Learning from Families

III. Understanding Behavior: Making Sense of What You See and Hear
   Reading Cues
   How do you Respond?
   Knowing Social Emotional Milestones
   Developmental Challenges and Opportunities
   Temperament
   The Relationship between Social Emotional Development and Behavior
   The Basics of Behavior
   Social Emotional Development and Values, Beliefs and Assumptions
   Examining Our Emotional Reactions
   Strategies for Responding to Feelings
   Cultural Influences

III. Forming and Sustaining Relationships with Young Children and Families
   What are Relationships?
   Strategies to Build Relationships with Young Children
   Attachment Relationships
   Strategies to Build Relationships with Families

IV. Nurturing and Supporting the Social and Emotional Development of Infants Toddlers and Their Families
   Understanding Families
   Risk Factors Affecting Families
   Maternal Depression
   Strategies to Respond to Maternal Depression
   Working with Families

V. Essential Positive Messages

VI. Major Take Home Messages
Module 2: Responsive Routines, Environments and Targeted Strategies to Support Social Emotional Development in Infants and Toddlers

I. Setting the Stage
   Learner Objectives
   Agenda
   Training Environment
   Shared Agreements
   Words We Use
   Ways Caregivers Promote Healthy Social Emotional Development (Pyramid Perspective)
   CSEFEL Definition of Social Emotional Development

II. Social Emotional Climate in Infant Toddler Care Settings
   Child Care in America Today
   What Social Emotional Climate Means to You
   Supporting the Social Emotional Needs of Infants and Toddlers

III. High Quality Supportive Environments
   Ways Schedules and Routines Support Social Emotional Development
   Strategies to Support Routines for Infants and Toddlers
   Individual Child Considerations for Caregiving Routines
   A Well-Designed Infant Toddler Environment
   Looking At Responsive Environments

IV. Targeted Strategies to Build Social Emotional Skills
   What is Emotional Literacy?
   Strategies to Develop Emotional Literacy in Infants and Toddlers
   Development of Play Skills for Infants and Toddlers
   Setting up the Environment to Support Play Skills
   Promoting the Development of Friendship Skills

V. Wrap-up, Reflection and Action Planning

Module 3: Individualized Intervention with Infants and Toddlers: Determining the Meaning of Behavior and Developing Appropriate Responses

I. Setting the Stage
   Learner Objectives
   Agenda
   Training Environment
   Shared Agreements
   Words We Use
   Social Emotional Wellness for Infants and Toddlers

II. What is Challenging Behavior?
   CSEFEL Definition of Challenging Behavior
   Reasons for Challenging Behavior
   Considering Child and Family Circumstances
III. A Relationship Based Approach to Challenging Behavior
   - Behavior as a Form of Communication
   - Expression of Emotion in Infants and Toddlers
   - A Continuum of Emotional Expression
   - Acting Out and Social Withdrawing Behaviors
   - Responding to Infant and Toddler Distress
   - Understanding the Young Child’s Perspective
   - Determining the Meaning of Behavior
   - Questions to Ask About the Meaning of Behavior

IV. Developing an Individual Support Plan
   - Sample Program Protocol for Addressing Challenging Behavior
   - Potential Team Members
   - What Goes Into a Support Plan?
   - Case Study

V. Wrap-up, Reflection and Action Planning