

From the *Center on the Social and Emotional Foundations for Early Learning* (CSEFEL)

Practical Strategies for Teachers

Tools that Encourage Young Children's Social-Emotional Development

All of the materials listed here, in addition to many others, are available for FREE from the CSEFEL website at www.vanderbilt.edu/csefel/

Scripted Stories for Social Situations



are short Power-Point presentations consisting of a mixture of words and pictures that provide specific information to a

child about social situations such as going to preschool, sitting in circle time, staying safe and using words. When children are given information that helps them understand expectations, their problem behavior within that situation is reduced or minimized. These stories can help children to understand social interactions, situations, expectations, social cues, the script of unfamiliar activities, and social rules. Parents, teachers and caregivers can use these simple stories as a tool to prepare the child for a new situation, to address challenging behavior within a setting or situation, or to teach new skills.

Children's Book List : Using Books to Support Social Emotional Development

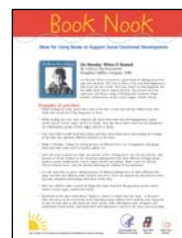
This extensive compilation of books that can help young children understand their emotions is organized under multiple topics such as "Being a Friend" or "Sad Feelings" .

Teaching Social Emotional Skills

These tools include a variety of activities and materials to help children promote self-regulation or problem solving. Examples are handouts that feature emotion faces, the "turtle technique" and feeling charts as well as solution kits to help children come up with solutions around problems such as learning how to share, trade, and ask nicely.



Book Nooks These easy-to-use guides were created especially for teachers to provide hands-on ways to embed social emotional skill



building activities into everyday routines such as art, singing and circle time. Each Book Nook is comprised of ideas and activities designed around a popular children's book such as *Big Al*, *Glad Monster Sad Monster*, *Hands Are Not for Hitting*, and *On Monday When it Rained*. Examples of suggested activities include using rhymes to talk about being friends, making masks to help children talk about and identify different feelings, playing a game of what to with hands instead of hitting, and creating art and music using a concept of the day such as sharing.